

## **Continuing Professional Development for Doctors.**

- 1. Continuing Professional Development (CPD) is a continuous learning process that complements formal undergraduate and postgraduate education and training in order to maintain and further develop competence and performance. CPD enables you to maintain and improve across all areas of your practice (see <a href="http://www.gmc-uk.org/doctors/revalidation.asp">http://www.gmc-uk.org/doctors/revalidation.asp</a>). It is the responsibility of individual doctors to ensure that they undertake a range of CPD activities that reflect the needs of their practice and their own learning needs.
- 2. The following are courses and events administered by the Resuscitation Council (UK):
  - Advanced Life Support (ALS) course
  - European Paediatric Support (EPLS) course
  - Immediate Life Support (ILS) course
  - Paediatric Immediate Life Support (PILS) course
  - Newborn Life Support (NLS) course
  - Advanced Resuscitation of the Newborn Infant (ARNI) course
  - Generic Instructor course (GIC)
  - Focused Echocardiography in Emergency Life support (FEEL) course
  - Scientific Symposia
  - Instructor Days
- 3. Guidance from the Academy of Medical Royal Colleges encourages self-accreditation of relevant activities. Self-accreditation of educational activities will require evidence. This may be produced as a documented reflection. Specific College or Faculty guidance is based on common standards recommended by the Academy of Medical Royal Colleges (<a href="http://www.aomrc.org.uk/committees/directors-of-continuing-professional-development/item/cpd-documents.html">http://www.aomrc.org.uk/committees/directors-of-continuing-professional-development/item/cpd-documents.html</a>). Individuals should check with their own College or Faculty regarding CPD requirements.
- 4. CPD credits can be obtained for both attending and teaching. Events are scored on the basis of 1 credit per hour of educational content and are capped at 5 credits per day (excluding coffee breaks, lunches, etc). Individuals may only claim the number of hours that they attend.
- 5. The Resuscitation Council (UK) courses have been formally approved for CPD credits by the Royal College of Anaesthetists. These credits should be claimed as External

CPD. Events are scored on the basis of 1 credit per hour of educational content and are capped at 5 credits per day (excluding coffee breaks, lunches, etc).

6. The Resuscitation Council (UK) courses have been mapped against the Royal College of Anaesthetists CPD Matrix (see <a href="http://www.rcoa.ac.uk/cpd">http://www.rcoa.ac.uk/cpd</a>):

Course	Credits	CPD Matrix Codes
Advanced Life Support	10	1B01, 1B02, 1B03, 1B04, 1C01, 1C02,
(ALS) course (including		1102,1103
the e-ALS course)		
Advanced Life Support	5	1B01, 1B02, 1B03, 1B04, 1C01, 1C02,
(ALS) recertification course		1102,1103
European Paediatric	10	1B01, 1B02, 1B03, 1B04, 1C01, 1C02, 1l02,
Support (EPLS) course		2D01, 2B07 2D03, 2D02
Immediate Life Support	5	1B01, 1B03, 1C01, 1C02,
(ILS) course		
Paediatric Immediate Life	5	1B01, 1B03, , 1C01, 1C02,
Support (PILS) course		
Newborn Life Support	5	2B07, 1C01, 1C02, 1I02,
(NLS) course		
Advanced Resuscitation	10	2A01, 2D01, 2D04, 2D07, 2C06
of the Newborn Infant (ARNI) course		
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Generic Instructor course (GIC)	15	1H01, 1H02
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Focused Echocardingraphy in	5	1B04, 2A12, 3C00, 3I00
Echocardiography in Emergency Life support		
(FEEL) course		